



The **Iowa Soccer League (ISL REC Central League)** is designed to serve our 9U – 19U recreational membership in Central Iowa. The ISL Rec Central league provides our membership a place to play while supporting the game and working to create a better environment through both coach and parent education in addition to professional administration, support, and leadership. This purpose is at the core of our competitions programming and holds true for all Select and Recreational ISL products.

**Player Development Standards and Priorities:** The league is player-centered and focuses on what is in the best interest of long-term player development. There are several priorities that help shape the league model. These include: 1. Players play in games on a regular weekly basis which is essential for development. 2. Players play in games that have developmentally appropriate match up’s. 3. Players are coached by a licensed coach appropriate to the developmental stage. 4. Players play in games that are aligned with the U.S. Soccer PDI standards. 5. Players are officiated by a licensed referee

#### DIVISIONS 4, 5, 6 & Academy

AGE GROUPS: 9/10U, 9/10U Academy, 11/12U, 13/14U, 15/16U, 17U+

FALL SEASON	WEEKEND	NOTES
Weekend 1	September 9-10	
Weekend 2	September 16-17	
Weekend 3	September 23-24	
Weekend 4	September 30-October 1	League America Festival (Waverly, Iowa)
Weekend 5	October 7-8	
Weekend 6	October 14-15	
Weekend 7	October 21-22	
Weekend 8	October 28-29	
Weekend 9	November 4-5	Reschedules

**(SCHEDULING) PLAY DATES:** League Games will be scheduled on **Saturdays** and **Sundays**.

- 11U+: Will play games at 1:00 PM, 3:00 PM, and 5:00 PM
  - 11/12U & 15U+ Games will be **primarily on Sundays**
  - Small Sided Games will be **primarily on Saturdays** to avoid conflicts with 11/12U Games
  - 13/14U Games will be **primarily on Saturdays**
  - 9/10U Coed/Boys: Will play games on Sunday: 1:00 PM, 2:15 PM, 3:30 PM, 4:45 PM
  - 9/10U Girls: Will play games on Saturday: 9:00 AM, 10:15 AM, 11:30 AM, 12:45 PM

The **Iowa Soccer League (ISL REC CENTRAL League)** will provide clubs/club leaders an opportunity to review the initial draft of schedule and be active in 'optimizing' their individual team schedules by request.

Once the league schedule is published for the public, league matches SHOULD be played as scheduled. League schedules are based on (3) primary principles including Team Availability, Team blocks, and Field Availability. Additionally, we strive to balance field usage, travel, and other factors related to referee coverage. Failure to play games as scheduled can disrupt one or many of the factors above, all of which we deem important to the overall experience for our membership. ISL REC Central does provide a tool for coaches to reschedule, we just ask they take into consideration the factors above.

We appreciate your support and commitment not only to the league, but to the membership and all league participants. We look forward to working with you to provide you and your membership a quality / affordable league play experience. Thank you!!

If you have questions regarding player registration and/or team formation, please contact Casey Betting @ [cbetting@iowasoccer.org](mailto:cbetting@iowasoccer.org).

If you have questions regarding participation in the league, team applications, or placement, contact Mike Wilson @ [mwilson@iowasoccer.org](mailto:mwilson@iowasoccer.org).

**Let's Play Soccer!!** Thank you,

Your Iowa Soccer Member Services Team